

Trinity College Dublin Coláiste na Tríonóide, Baile Átha Cliath The University of Dublin



The Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing (IDS-TILDA)

Wave 4 COVID-19 Questionnaire Phase 2: Confidential

Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing (IDS-TILDA)

IDS-TILDA ID NUMBER:	W 4
GENDER:	FEMALE MALE
FOR OFFICE USE ONLY	Y
INTERVIEW DATE:	
INTERVIEWER ID NUMBER:	

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Any use of any part of this questionnaire should acknowledge the source of the questions: The Intellectual Disability Supplement to the Irish Longitudinal Study on Ageing 2021.

By

COVID-19



PIN Number: W _____

Date: _____

Preamble: Is it OK if we ask you some questions about how you've been getting on during the COVID-19 pandemic? This questionnaire is a part of the intellectual disability supplement to the Irish Longitudinal Study on Ageing (IDS-TILDA). We really appreciate you taking part in this study. We hope you will find this questionnaire interesting to complete, and your answers are extremely important to us. Please remember your participation is voluntary and you can skip over any questions you'd prefer not to answer.

How will these questions be answered?

Please ✓ one box only

Self-Report only
Self-Report with support

Proxy only

SECTION 1: HEALTH AND COVID-19

The first questions are about [your/his/her] health and COVID-19.

1.1 Would you say [your/his/her] health during the COVID-19 pandemic was... Please ✓ one box only Excellent Very good Good Good Fair Poor Unable to understand Unclear response Don't know Refused to answer Image: Covid/ELSA/HRS)

For each of the following, please indicate whether the pandemic has affected [you/Rname] or a person in [your/his/her] home in the way described. Since the coronavirus disease pandemic began in March 2020, what has changed for [you/him/her] or [your/his/her] family or people [you/he/she] live(s) with?										
Please ✓ (can ✓ b	ooth "y	th "yes, me" and "yes, person in home")								
	Unclear response	Don't know	Refused to answer							
Increase in health problems not related to this disease (COVID- 19)										
Less physical activity or exercise										
Overeating or eating more unhealthy foods (e.g. junk foods)										
More time sitting down or being sedentary										
Got less medical care than usual										
From Epidemic-F	Pande	mic Imp	acts Ir	vento	ory (EPII,	Grasso e	et al., 20	20)		
Have/has [you/R	name] had an	y sym	ptoms	of COV	ID-19?				
Diagon (and hav	oolu									
Please ✓ one box Yes	Only									
No (Skip to Q.1.	5)									
	-	(Skip to	Q.1.5)							
Unable to understand (Skip to Q.1.5)										
Unclear response	Unclear response (Skip to Q.1.5)									
Unclear response Don't know (Skir		-	,							

Please ✓ all that apply	
Fever	
Chills	
Cough	
Shortness of breath or difficulty breathing	
Aches and pains	
Fatigue	
Headache	
Sore throat	
Feeling sick	
Vomiting	
Diarrhoea	
Loss of sense of smell	
Loss of sense of taste	
Confusion	
Disorientation	
Change in mood	
Change in behaviour/way [you/Rname] act(s)	
Congestion or runny nose	
Other	
Unable to understand	
Unclear response	
Don't know	
Refused to answer	

	(First IDS-TILDA COVID-19 questionnaire, updated for new symp	toms			
	indicated by HSE)				
1.5	[Have/Has] [you/Rname] been tested for COVID-19?				
	Please ✓ one box only				
	Yes, and testing completed				
	No, not invited for testing (Skip to Q.1.10)				
	Invited but did not consent for testing (Skip to Q.1.10)				
	Invited and testing commenced but not completed (Skip to Q.1.10)				
	Unable to understand (Skip to Q.1.10)				
	Unclear response (Skip to Q.1.10)				
	Don't know (Skip to Q.1.10)				
	Refused to answer (Skip to Q.1.10)				
1.6	(First IDS-TILDA COVID-19 questionnaire) If yes, how many times were/was [you/Rname] tested?				
1.0	in yes, now many times were/was [you/kname] tested :				
	Please ✓ one box only				
	Once				
	Twice				
	Three times				
	More than three times				
	Don't know				
	Not applicable				
	(First IDS-TILDA COVID-19 questionnaire)				

1.7	If [you/Rname] were/wa	s tested	, please	indicate	if the test	was positi	ve (+) or
	negative (-)						
	Please ✓ all that apply						
		+	-				
	First test						
	Second test						
	Third test						
	Fourth test						
	Not applicable						
	Unable to understand						
	Unclear response						
	Don't know						
	Refused to answer						
	(First IDS-TILDA COVID	 -19 ques	l tionnair	e)			
1.8	If [you/Rname] tested po	ositive fo	or COVII	D-19, how	long did	the sympto	oms last
	for?						
	Please ✓ one box only						
	Less than a week (Skip	to Q.1.10))				
	1-2 weeks (Skip to Q.1.	10)					
	3-5 weeks (Skip to Q.1.	-					
	6-8 weeks (Skip to Q.1.	-					_
	9-11 weeks (Skip to Q.1	-	2)				
	12 weeks or more (Skip I haven't recovered, and		-	lastad			_
	for 12 weeks or less	Sympton	15 Have				
	I haven't recovered, and	•	ns have	lasted			
	for longer than 12 weeks N/A: had no symptoms () 1 10)				_
	Unable to understand (S						_
	Unclear response (Skip	-	-				
	Don't know (Skip to Q.1	.10)					
	Refused to answer (Skip	-	0				_

Please ✓ all that apply:	
Fever	
Chills	
Cough	
Shortness of breath or difficulty breathing	
Aches and pains	
Fatigue	
Headache	
Sore throat	
Feeling sick	
Vomiting	
Diarrhoea	
Loss of sense of smell	
Loss of sense of taste	
Confusion	
Disorientation	
Change in mood	
Change in behaviour/way [you/Rname] act(s)	
Change in memory or thinking/brain fog	
Congestion or runny nose	
Other	
Unable to understand	
Unclear response	
Don't know	
Refused to answer	

If any of the following people had COVII contact with any of them around the tim	
Please ✓ all that apply	
Support workers/care workers	
Someone [you/Rname] lives with (in a group setting)	
A family member	
N/A: none had COVID	
N/A: they tested positive for COVID, but [you/Rname] did not come into contact with them	
Other	
Unable to understand	
Unclear response	
Don't know	
Refused to answer	

	SECTION 2: RESPON	IDING TO	D COVID-19
	[you/he/she] [live/lives] be	cause of	nges [you/he/she] may have made to the way COVID-19 and the lockdown.
2.1	Did [you/Rname] need to COVID-19 crisis? Please ✓ one box only	o move f	rom [your/his/her] usual home due to the
	Yes		
	No		
	Not applicable		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		
	•	-	tionnaire, HRS/TILDA COVID-19)
2.2	[your/his/her] carer have official COVID-19 guidel	e a plan i ines?	nd/or had symptoms, did [you/Rname] or n place to manage the self-isolation as per away from other people?
	Please ✓ one box only		
	Yes		
	No		
	Not applicable		
	Unable to understand		

	Don't know
	Refused to answer
	(First IDS-TILDA COVID-19 questionnaire)
2.3	If [you/Rname] tested positive, and/or had symptoms of COVID-19, [were/was]
	[you/Rname] hospitalised?
	Please ✓ one box only
	Yes
	No (Skip to Q.2.6)
	Not applicable (Skip to Q.2.6)
	Unable to understand (Skip to Q.2.6)
	Unclear response (Skip to Q.2.6)
	Don't know (Skip to Q.2.6)
	Refused to answer (Skip to Q.2.6)
	(First IDS-TILDA COVID-19 questionnaire)
2.4	If admitted to hospital because of symptoms of COVID-19 or testing positive
	for COVID-19, how many days did [you/Rname] spend in hospital?
	day(s)
	Unable to understand
	Unclear response
	Don't know
	Refused to answer
	(First IDS-TILDA COVID-19 questionnaire)
2.5	If admitted to hospital because of symptoms of COVID-19 or testing positive
	for COVID-19, did [your/his/her] treatment require admission to intensive care?
	Please ✓ one box only
	Yes
	No
	Not applicable
	Unable to understand
	Unclear response
	Don't know

	Refused to answer				
	(First IDS-TILDA COVID-1	•	•		
2.6	Since the coronavirus dis household been quaranti	-	andemic began, has [your a week or longer?	/Rname's] entire
	Please ✓ one box only				
	Yes		l		
	No				
	Not applicable				
	Unable to understand				
	Unclear response				
	Don't know				
	Refused to answer				
2.7			andemic began, [have/has		
	limited physical closenes	ss with a	a loved one due to concer	ns of infe	ction?
	Please ✓ one box only				
	Yes				
	No				
	Not applicable				
	Unable to understand				
	Unclear response				
	Don't know				
	Refused to answer				
	From Epidemic-Pandemi	c Impac	ts Inventory (EPII, Grasso	et al., 202	20)
2.8			essible version of the (off	icial Irish	
	government) guidance of	n COVIE	D-19?		
	Please ✓ one box only Yes				
	No, but received other inf				
	No, did not receive inform	ation/gu	idance (Skip to Q. 3.1)		

	Not applicable (Skip to Q.3.1)	
	Unable to understand (Skip to Q.3.1)	
	Unclear response (Skip to Q.3.1)	
	Don't know (Skip to Q.3.1)	
	Refused to answer (Skip to Q.3.1)	
2.9	Do/does/did [you/Rname] find the accessible version of the (official I	rish
2.9	Do/does/did [you/Rname] find the accessible version of the (official I government) guidance on COVID-19 easy or difficult to understand?	rish
2.9		rish
2.9	government) guidance on COVID-19 easy or difficult to understand?	rish
2.9	government) guidance on COVID-19 easy or difficult to understand? Please ✓ one box only	rish
2.9	government) guidance on COVID-19 easy or difficult to understand? Please ✓ one box only Extremely easy	rish
2.9	government) guidance on COVID-19 easy or difficult to understand? Please ✓ one box only Extremely easy Somewhat easy	rish
2.9	government) guidance on COVID-19 easy or difficult to understand? Please ✓ one box only Extremely easy Somewhat easy Somewhat difficult	rish
2.9	government) guidance on COVID-19 easy or difficult to understand? Please ✓ one box only Extremely easy Somewhat easy Somewhat difficult Extremely difficult	rish
2.9	government) guidance on COVID-19 easy or difficult to understand? Please ✓ one box only Extremely easy Somewhat easy Somewhat difficult Extremely difficult Unable to understand	rish

1	spread of COVID-19. Can you tell us if [you/Rname] did or did not do the following since the start of the first lockdown in March 2020 ple										
	Please ✓ one box per line	Always	Often	Sometimes	No	N/A	Unable to understand	Unclear response	Don't know	Refused answe	
	i. People have been asked to socially distance when outside, meaning that they stay at least two metres apart from others. Do [you/Rname] keep [your/his/her] distance when you go outside [your/his/her] home?										
	ii. Do [you/Rname] wash [your/his/her] hands more frequently than usual?										
	iii. Do [you/Rname] use special hand sanitiser or disinfection fluids?										
	iv. Do [you/Rname] pay special attention to										

sneezes?					
v. Do [you/Rname] wear a protective face mask when outside the home, around other people?					

	SECTION 4: MENTAL HEALTH DURING COVID-19 F	ANDEMI	C AND L	OCKDOWN
	The next questions are about how [you/Rname] have/	has been f	feeling d	uring the
	pandemic.			
4.1	How has [your/his/her] mood and emotional or me	ntal healt	h been o	during the
	COVID-19 pandemic? Has it been?			
	Please ✓ one box only			
	Excellent			
	Very good			
	Good			
	Fair			
	Poor			
	Unable to understand			
	Unclear response			
	Don't know			
	Refused to answer			
	(Adapted from TILDA COVID/ELSA/HRS)			
4.2	Have/has [you/Rname] felt stressed/anxious about	any of th	e follow	ving during
	the COVID-19 period?			
	Please ✓ all that apply			
	Fear of getting COVID-19			
	Fear of peers/friends getting COVID-19			
	Fear of family members getting COVID-19			
	Isolation			
	Not being able to do usual activities			
	Not seeing friends			
	Not seeing family			

Change in	staff							
Not being i	n [my/hi	s/her] ow	n room or	home				
No stress/a	anxiety							
Unable to u	understa	and						
Unclear res	sponse							
Don't know								
Refused to	answer							
Other								
lf other, ple	ase spe	ecify:						
(First IDS-T		OVID-19	question	naire)				
(First IDS-T Over the la			-	-	been bo	thered I	oy any	of the
	st <u>two w</u>	<u>veeks</u> , ho	ow often h	nave you	been bo	thered I	oy any	of the
Over the la	st <u>two w</u> roblems	<u>veeks</u> , ho s? [Self-r	ow often h	nave you	been bo	thered I	oy any	of the
Over the la following p	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	ow often h eport onl	nave you y] Nearly	Unable	Unclea	Don't	Refuse
Over the la following p	st <u>two w</u> roblems	veeks, ho s? [Self-r er line Several	ow often h eport onl	nave you y]				Refuse to
Over the la following p	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the las following p Please ✓ on Feeling nervous,	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the las following p Please ✓ on Please ✓ on Feeling nervous, anxious or	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the las following p Please ✓ on Please ✓ on Please ✓ on Please ✓ on Please ✓ on Please ✓ on Please ✓ on	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the las following p Please ✓ on Please → on Plea	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the las following p Please ✓ on Please ✓ on Please ✓ on Please ✓ on Please ✓ on Please ✓ on Please ✓ on	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the last following p Please ✓ on Please ✓ on State Not being able to stop or control worrying	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the last following p Please ✓ on Please ✓ on On edge Not being able to stop or control worrying Worrying	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the last following p Please ✓ on Please ✓ on State Not being able to stop or control worrying Worrying too much	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the last following p Please ✓ on Please ✓ on State Not being able to stop or control worrying Worrying too much about	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to
Over the last ollowing p Please ✓ on Please ✓ on State on edge Not being able to stop or control worrying Worrying too much about different	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse
Please ✓ on Please ✓ on On edge Not being able to stop or control worrying Worrying too much	st <u>two w</u> roblems e box po Not at	veeks, ho s? [Self-r er line Several	More than half the days	nave you y] Nearly every	Unable to underst	Unclea r respon	Don't	Refuse to

	Being so								
	restless that it is								
	hard to sit								
	still								
	Becoming								
	easily annoyed or								
	irritable								
	Feeling								
	afraid as if								
	something awful might								
	happen								
	(GAD-7)								
4.4	Do you worry a lo	ot? [Sel	f-report	only]					
	Yes								
	No (Skip to Q.4.6)							
	Unable to underst	and (Sk	ip to Q.						
	Unclear response	(Skip to	o Q.4.6)						
	Don't know (Skip	to Q.4.6	6)						
	Refused to answe	er (Skip	to Q.4.6						
4.5	Do you worry abo	ut the f	ollowing	g things	?:				
	Please ✓ one box p	oer line							
		No	Someti	A lot	Unable	Unclear	Don't	Refused	
			mes		to	respons	know	to	
					underst and	е		answer	
	Do you worry about								
	your family and friends?								
	Do you worry about the future?								
	Do you worry about being ill?								
	Do you worry about								
	doing something								
	new? Do you worry about								
	what you are doing								
1	tomorrow?		1			1	1	1	1

	Do you worry about dying?								
	(Glasgow Anxiety	Scale. N	/lindha	m and E	spie 200	3)			
4.6	Since the start of [Self-report only]	-			•	•	you ever	felt lone	ly?
	Please ✓ one box of	only							
	Yes								
	No (Skip to Q.4.8)							
	Unable to underst	and (Ski j	p to Q.						
	Unclear response	(Skip to	Q.4.8)						
	Don't know (Skip	to Q.4.8)							
	Refused to answe	er (Skip t e	o Q.4.8)					
4.7	Since the start of lonely? [Self-repo		lockdo	wn in M	arch 202	0, how c	often have	e you felt	
	Please ✓ one box o	only						_	
	Most of the time								
	Some of the time							_	
	Hardly ever/never								
	Unable to underst							_	
	Unclear response								
	Don't know						_		
4.0	Refused to answe							(.)() . ((10
4.8	Since the start of [Self-report only]	the first	lockdo	own in M	arch 202	0, have	you ever	feit left o	ut?
	Diagona (ana havi								
	Please ✓ one box of Yes	oniy							
	No (Skip to Q.4.1	0)							
	Unable to underst	-	n to Q	4.10)					
	Unclear response	•		-					
		(p .0	v	,					

	Don't know (Skip to Q.4.10)				
	Refused to answer (Skip to Q.4.10)				
4.9	Since the start of the first lockdown in Mar out? Would you say[Self-report only]	rch 2020,	how ofter	n have ;	you felt left
	Please ✓ one box only				
	Most of the time				
	Some of the time				
	Hardly ever/never				
	Unable to understand				
	Unclear response				
	Don't know				
	Refused to answer				
4.10	Since the start of the first lockdown in Mar make friends? [Self-report only]	rch 2020,	did you fi	ind it di	fficult to
	Please ✓ one box only				
	Yes				
	No (Skip to Q.4.12)				
	Unable to understand (Skip to Q.4.12)				
	Unclear response (Skip to Q.4.12)				
	Don't know (Skip to Q.4.12)				
	Refused to answer (Skip to Q.4.12)				
4.11	Since the start of the first lockdown in Mar you lack friendship/friends? [Self-report or		how ofter	n did yo	ou feel that
	Please ✓ one box only				
	Most of the time				
	Some of the time				
	Hardly ever/never				
	Unable to understand				
	Unclear response				

	Don't know									
	Refused to an	iswer								
4.12	Since the star isolated? [Sel			down in	March 2()20, hav	e you e	ever fe	lt	
	Please ✓ one box only									
	Yes									
	No (Skip to Q.4.14)									
	Unable to unc	lerstand	(Skip to	Q.4.14)						
	Unclear respo	onse (Sk	ip to Q.4	.14)						
	Don't know (S	kip to C	Q.4.14)							
	Refused to an	iswer (S	kip to Q.	4.14)						
4.13	Since the star			down in	March 20)20, hov	v often	have y	ou felt	
	isolated? [Sel	i-report	oniyj							
	Please ✓ one b	ox only								
	Most of the tir	ne								
	Some of the ti	ime								
	Hardly ever/ne	ever								
	Unable to unc	lerstand								
	Unclear respo	onse								
	Don't know									
	Refused to an	swer								
	(UCLA Ionelin		-							
4.14	Over the past				ave/has]	[you/Rn	ame] b	been bo	othered by	
	any of the foll	owing p	ropiems	•••						
	Please ✓ one b	oox per l	ine							
		Not at all	Several days	More than half the days	Nearly every day	Unable to unders tand	Unclea r respon se	know	Refuse d to answe r	

		1	1	-	r	
Little interest						
or pleasure in						
doing things						
Feeling down,						
depressed or						
hopeless						
Trouble falling						
asleep or						
staying asleep						
or sleeping too						
much						
Feeling tired or						
having little						
energy						
Poor appetite						
or overeating						
Feeling bad			 			
about						
[your/his/her]s						
elf or that						
[you/he/she]						
[are/is] a						
failure or						
[have/has] let						
[your/his/her]s						
elf or						
[your/his/her]						
family down						
Having trouble						
concentrating						
on things, such						
as reading the						
newspaper or						
watching the						
TV						
Moving or						
speaking so						
slowly that						
other people						
could have						
noticed or the						
opposite, being						
so fidgety or						
restless that						
[you/he/she]						
[have/has]						
been moving						
around a lot						
more than						
usual						
Thoughts that						
[you/he/she]						

	would be better off dead or of hurting											
	[your/his/her]s elf in some way											
	(PHQ-9)											
4.15	If [you/Rname] felt anxious, lonely or d											
	to access supports for [your/his/her] mental health (e.g. counselling/seeing a											
	psychologist/seeing a nurse or doctor)?											
	Please ✓ one box only											
	Yes											
	No											
	Not applicable											
	Unable to understand											
	Unclear response											
	Don't know											
	Refused to answer											
	If "yea" what append did from /Drame 1											
	If "yes", what support did [you/Rname] rec											

	SECTION 5: CONTACT WITH OTHERS										
	The next questions are about how often [you/he/she] [have people, and any changes to [your/his/her] work or day serve	-	ontact with								
5.1	Since the start of the first lockdown in March 2020, has there been a change in the amount of time [you/Rname] spend(s) speaking with family members [you/Rname] [don't/doesn't] live with <i>using technology</i> ? (e.g. on the telephone or online)										
	Please ✓ one box only										
	Yes, more contact										
	Yes, less contact										
	No change, the same amount of contact as before										
	N/A										
	Unable to understand										
	Unclear response										
	Don't know										
	Refused to answer										
5.2	Since the start of the first lockdown in March 2020, has how often [you/Rname] [have/has] <i>met up in person</i> (b chance meeting) with family members [you/Rname] [d (e.g. The amount of time [you/Rname] spend(s) speak come to visit) Please ✓ one box only	ooth arranged a on't/doesn't] liv	nd /e with?								
	Yes, more contact										
	Yes, less contact										
	No change, the same amount of contact as before										
	N/A										
	Unable to understand										
	Unclear response										
	Don't know										
	Refused to answer										

5.3	Since the start of the first lockdown in March 2020, has there been a change in how often [you/Rname] have/has written to family members [you/Rname] [don't/doesn't] live with? (e.g. The amount of time [you/Rname] spend(s) writing letters, texting, emailing or contacting on social media)?										
	Please ✓ one box only										
	Yes, more contact										
	Yes, less contact										
	No change, the same amount of contact as before										
	N/A										
	Unable to understand										
	Unclear response										
	Don't know										
	Refused to answer										
	the amount of time [you/Rname] spend(s) speaking wi [don't/doesn't] live with using technology? (e.g. on the Please ✓ one box only Yes, more contact Yes, less contact No change, the same amount of contact as before N/A Unable to understand Unclear response										
	Don't know										
	Refused to answer										
5.5	Since the start of the first lockdown in March 2020, ha how often [you/Rname] have/has <i>met up in person</i> (bo meeting) with [your/his/her] friends that [you/Rname] (e.g. Amount of time [you/Rname] spend(s) speaking v come to visit) Please ✓ one box only Yes, more contact	oth arranged an [don't/doesn't]	d chance live with?								
	Yes, less contact										

	No change, the same amount of contact as before							
	N/A							
	Unable to understand							
	Unclear response							
	Don't know							
	Refused to answer							
5.6	Since the start of the first lockdown in March 2020, has there been a change in how often [you/Rname] have/has <i>written to</i> friends [you/Rname] [don't/doesn't] live with? (e.g. The amount of time [you/Rname] spend(s) writing letters, texting, emailing or contacting on social media)?							
	Please ✓ one box only		I					
	Yes, more contact							
	Yes, less contact							
	No change, the same amount of contact as before							
	N/A							
	Unable to understand							
	Unclear response							
	Don't know							
	Refused to answer							
	(Adapted from IDS-TILDA Wave 4 CAPI)	-						
5.7	For each of the following, please indicate whether the pandemic has affected [you/Rname] or a person in [your/his/her] home in the way described. Reduced work hours or hours of day service.							
	Please \checkmark (can \checkmark both "yes, me" and "yes, person in home	")						
	Yes, me							
	Yes, person in home							
	No							
	N/A							
	Unable to understand							
	Unclear response							

	Don't know		
	Refused to answer		
5.8	Increase in verbal arguments or conflict with other a	dult(s) in hon	ne.
	Please \checkmark (can \checkmark both "yes, me" and "yes, person in hom	e")	
	Yes, me		
	Yes, person in home		
	No		
	N/A		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		
5.9	Increase in physical conflict with other adult(s) in he	ome.	
	Please \checkmark (can \checkmark both "yes, me" and "yes, person in hom	e")	
	Yes, me		
	Yes, person in home		
	No		
	N/A		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		
E 40	For each of the following, places indicate whether th	o nondomio k	
5.10	For each of the following, please indicate whether th [you/Rname] or a person in [your/his/her] home in th		
	Please ✓ for each line (can ✓ both "yes, me" and "yes, p	erson in home	` ')
	Yes, Yes, No N/A Unable	Unclear Dor	n't Refus
	me person to underst	respons kno e	w ed to answe
	home and		r

·		 	 	 	
Separated f family or clo friends					
Did not hav ability or resources to to family or friends while separated	o talk				
Unable to v loved one ir care facility nursing hom group home	n a (e.g. ne,				
Family celebrations cancelled o restricted					
Planned tra vaccination cancelled					
Religious or spiritual act cancelled o restricted	ivities r				
Unable to b with a close family mem in critical condition	ber				
Unable to a in-person fu or religious services for family mem or friend wh died	neral a ber				
Unable to participate i social clubs sports team volunteer activities	, s, or				
Unable to d enjoyable	0				

activities or hobbies									
From Epidemi	c-Pande	emic Imp	pacts In	iventory	(EPII, G	irasso et	al., 202	20)	

INTRO: The following are									
INTRO: The following are a list of Life Events [you/Rname] may have experienced during the COVID-19 Pandemic. By a life event I mean something that would have caused significant distress in [your/his/her] life. Please indicate if [you/Rname] [have/has] gone through									
any of the following during	•	-							
			Level of						
			stress:						
	Yes		A lot	A little	None				
Change of staff in [my/his/her] hon where [l/he/she] [live/lives] or day service [l/he/she] [attend/attends]	ne								
Holiday/planned holiday cancelled									
New resident moved into [my/his/h home	ner]								
Minor illness or injury									
Change of [my/his/her] key worker									
Problems with fellow resident									
Change at or from work or day ser	vice								
Decline or loss of mobility									
Major illness of a relative, caregive friend	er or								
Moving within service organisation	1								
Moving from [my/his/her] family ho to a service supported home (community group home/residentia setting)	al								
Change in frequency of visits from family / friend	or to								
Major illness or injury									
Loss of leisure-time activities									
Rapid loss of vision or hearing									
Problems with relative, friend, or s									

	No longer working/unemployment						
	Death of a parent						
	Death of a sibling						
	Death of other relative						
	Death of a friend						
	Death of a significant other (other than						
	a relative, or friend) Death of a pet						
	No significant life event						
	Other						
	Any other event or change of routine which	h may hav	ve caused	distress,	please tell us:		
				al 2042		A C(+++++++)	
	(Adapted from the Life events sc	ale Herr	nans et	ai 2012	& IDS-IILD	A Study)	
6.2	(If someone known to the partici	pant has	s died)	This is a	very difficu	ılt questi	ion,
	so you don't have to answer it if	-				/ou/Rnar	ne]
	know(s), or someone close to [yo	bu/Rhan	nej alea	i with C	OVID-19?		
	Please ✓ one box only						
	Yes						
	No (Skip to Q.7.1)						
	Don't know (Skip to Q.7.1)						
	I don't want to answer this questio	n (Skip	to				
	I don't want to answer this questio	n (Skip	to				
6.3				ed with (COVID-19, w	vhat was	
6.3	Q.7.1)	know(s)		ed with (COVID-19, w	/hat was	
6.3	Q.7.1) If, sadly, someone [you/Rname] I	know(s)		ed with (COVID-19, w	/hat was	

Friend	
Peer in residential setting	
Parent	
Carer/staff in residential setting	
Sibling	
Other relative	
Other	
Unable to understand	
Unclear response	
Don't know	
Refused to answer	
If other, please specify:	

	SECTION 7: POSITIVE ASPECTS O	F THE COVID	-19 PERIOD	
	Now we are going to ask you some questions at things about the COVID-19 period.	oout whether t	here were any	/ good
7.1	Were there any good things about the COVID	-19 period?		
	Please ✓ one box only			
	Yes			
	No (Skip to Q.8.1)			
	Unable to understand (Skip to Q.8.1)			
	Unclear response (Skip to Q.8.1)			
	Don't know (Skip to Q.8.1)			
	Refused to answer (Skip to Q.8.1)			
	(First IDS-TILDA COVID-19 questionnaire)			
7.2	If there were good things during the COVID-1	9 period, what	at were they?	?
	Please \checkmark all that apply			
		Me	Person	
			in home	
	Developed new hobbies or activities			
	More rest/relaxation			
	More time/better time with staff			
	Using technology to communicate			
	Spending more time at home/with family			
	Improved relationships with family or friends			
	Being resilient/tough			
	More free time			
	Less doing things that challenge people close t [me/him/her]	0		
	Saved money			

More appreciative of things usually taken for	
granted	
Paid more attention to personal health	
Spent less time on screens or devices outside of work hours (e.g., looking at phone, playing video games, watching TV)	
Volunteered time to help people in need.	
Donated time or goods to a cause related to this disease (e.g., made masks, donated blood, volunteered).	
Found greater meaning in work, employment, or school.	
More efficient or productive in work, employment, or school.	
Other	
Unable to understand	
Unclear response	
Don't know	
Refused to answer	

(Options developed from data from first IDS-TILDA COVID-19, and from EPII,
Grasso et al., 2020)

		S	ECTION	8: FR	AILTY				
	Now we would like to a have difficulty doing ce	•	•			-		vhether yo	ou
8.1	How much time during the							d?	
	Please ✓ one box								
	All of the time								
	Most of the time								
	Some of the time								
	A little of the time			1					
	None of the time								
	Unable to understand			1					
	Unclear response								
	Don't know								
	Refused to answer								
0.0				/	h a 1 [h a		1:41.	a a 41 in a	
8.2	Please indicate the level from a chair after resting				he] [ha	ave/has	s] with	getting u	ıp
8.2	from a chair after resting Please ✓ one box				he] [ha	ave/has	s] with	getting u	ıp
8.2	from a chair after resting				he] [ha	ave/has	s] with	getting u	ıp
8.2	from a chair after resting Please ✓ one box				he] [ha	ave/has	s] with	getting u	ıp
8.2	from a chair after resting Please ✓ one box No difficulty				he] [ha	ave/has	s] with	getting u	ıр
8.2	from a chair after resting Please ✓ one box No difficulty Some difficulty				he] [ha	ave/has	s] with	getting u	ıр
8.2	from a chair after resting Please ✓ one box No difficulty Some difficulty A lot of difficulty				he] [ha	ave/has	s] with	getting u	ıр
8.2	from a chair after resting Please ✓ one box No difficulty Some difficulty A lot of difficulty Cannot do at all				he] [ha	ave/has	s] with	getting u	I p
8.2	from a chair after resting Please ✓ one box No difficulty Some difficulty A lot of difficulty Cannot do at all N/A/could never do this				he] [ha	ave/has	s] with	getting u	p
8.2	from a chair after resting Please ✓ one box No difficulty Some difficulty A lot of difficulty Cannot do at all N/A/could never do this Unable to understand				he] [ha	ave/has	s] with	getting u	р
8.2	from a chair after resting Please ✓ one box No difficulty Some difficulty A lot of difficulty Cannot do at all N/A/could never do this Unable to understand Unclear response				he] [ha	ave/has	s] with	getting u	p

	Please ✓ one box		
	Yes		
	No		
	N/A/could never do this		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		
8.4	By yourself and not using walking up to 10 steps w		do/does] [you/Rname] have any difficulty
	waiking up to 10 steps w	linout it	esting :
	Please ✓ one box		
	Yes		
	No		
	N/A/could never do this		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		
8.5	Please indicate the level flight of stairs without res		ulty [you/he/she] [have/has] with climbing one
		sing	
	Please ✓ one box		
	No difficulty		
	Some difficulty		
	A lot of difficulty		
	Cannot do at all		
	N/A/could never do this		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		

96	Diagon indiants the loval a			u/ba/abal [baya/baa] with walking
8.6	across a room		uity Lyo	u/he/she] [have/has] with walking
	Please ✓ one box			
	No difficulty			
	Some difficulty			
	A lot of difficulty			
	Cannot do at all			
	N/A/could never do this			
	Unable to understand			
	Unclear response			
	Don't know			
	Refused to answer			
			•	
8.7				u/he/she] [have/has] with lifting or
	carrying weights over 10ll	bs/5kgs	s, like a	heavy bag of groceries
	Please ✓ one box			
	No difficulty			
	Some difficulty			
	A lot of difficulty			
	Cannot do at all			
	N/A/could never do this			
	Unable to understand			
	Unclear response			
	Don't know			
	Refused to answer			
8.8				e] had any fall including a slip or trip balance and landed on the floor or
	Please ✓ one box			
	No			
	Yes, once			

	Yes, twice
	Yes, once a week
	Other
	Unable to understand
	Unclear response
	Don't know
	Refused to answer
	If other number of falls, please specify:
	NOTE: A fall is defined as an unexpected event in which the participant comes to rest on the ground, floor or lower level
8.9	How much [do/does] [you/Rname] weigh with [your/his/her] clothes on but without shoes?:
	Unable to understand
	Unclear response Don't know
	Refused to answer
8.10	One year ago, how much did [you/he/she] weigh without shoes?
0.10	
	Unable to understand
	Unclear response
	Don't know
	Refused to answer

8.11	Has the doctor diagnosed [you/him/her] with any new illness in the past 12 months (other than COVID-19)?
	Please ✓ one box
	Yes
	No
	Unable to understand
	Unclear response
	Don't know
	Refused to answer
	If yes, please describe:
	Adapted from SARC-F (Woo et al., 2014) And Morely et al., FRAIL scale items in AAH: <u>https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4515112/#R10</u>

Since the start of the first COVID-19 lockdown in March 2020, have any of the following planned appointments been cancelled?										
Please ✓ one box per lir	Yes	No	N/A	Unabl e to under stand	Unclear response	l don't know	Refused to answer			
A medical test/screening										
A medical operation										
An appointment										
where you meet a										
doctor/nurse in the										
hospital and then go										
home again										
An appointment with										
an occupational										
therapist										
An appointment with										
a physiotherapist										
Other										
Other If planned appointment	with and	other h	ealthc	are profe	essional, pl	ease spe	ecify:			

Do/does [you/Rname] normally have an annual h	nealth c	heck?		
Please ✓ one box only				
Yes				
No (Skip to Q.9.5)				
N/A (Skip to Q.9.5)				
Unable to understand (Skip to Q.9.5)				
Unclear response (Skip to Q.9.5)				
Don't know (Skip to Q.9.5)				
Refused to answer (Skip to Q.9.5)				
		2020, ha	ave/has	
Please ✓ one box only				
Yes, in person		1		
Yes, by video/phone call				
No				
Not yet, but [l/he/she] [have/has] an appointment booked		1		
I don't want a health check				
Unable to understand		1		
Unclear response		1		
Don't know				
Refused to answer		1		
	Please ✓ one box only Yes No (Skip to Q.9.5) N/A (Skip to Q.9.5) Unable to understand (Skip to Q.9.5) Unclear response (Skip to Q.9.5) Don't know (Skip to Q.9.5) Refused to answer (Skip to Q.9.5) Since the start of the first COVID-19 lockdown in [you/Rname] had [your/his/her] annual health chees Please ✓ one box only Yes, in person Yes, by video/phone call No Not yet, but [l/he/she] [have/has] an appointment booked I don't want a health check Unable to understand Unclear response Don't know	Please ✓ one box only Yes No (Skip to Q.9.5) N/A (Skip to Q.9.5) Unable to understand (Skip to Q.9.5) Unclear response (Skip to Q.9.5) Don't know (Skip to Q.9.5) Refused to answer (Skip to Q.9.5) Since the start of the first COVID-19 lockdown in March [you/Rname] had [your/his/her] annual health check? Please ✓ one box only Yes, in person Yes, by video/phone call No Not yet, but [l/he/she] [have/has] an appointment booked I don't want a health check Unable to understand Unclear response Don't know	Yes No (Skip to Q.9.5) N/A (Skip to Q.9.5) Unable to understand (Skip to Q.9.5) Unclear response (Skip to Q.9.5) Don't know (Skip to Q.9.5) Don't know (Skip to Q.9.5) Since the start of the first COVID-19 lockdown in March 2020, has [you/Rname] had [your/his/her] annual health check? Please ✓ one box only Yes, in person Yes, by video/phone call No Not yet, but [l/he/she] [have/has] an appointment booked I don't want a health check Unable to understand Unable to understand Unclear response Don't know	Please ✓ one box only Yes No (Skip to Q.9.5) N/A (Skip to Q.9.5) Unable to understand (Skip to Q.9.5) Unclear response (Skip to Q.9.5) Don't know (Skip to Q.9.5) Refused to answer (Skip to Q.9.5) Since the start of the first COVID-19 lockdown in March 2020, have/has [you/Rname] had [your/his/her] annual health check? Please ✓ one box only Yes, in person Yes, by video/phone call No Not yet, but [l/he/she] [have/has] an appointment booked I don't want a health check Unable to understand Unclear response Don't know

Please ✓ one box per	line Yes	No	N/A	Unable	Unclear	l don't	Refuse
	165			to unders and	respons	know	to
GP							
Psychiatrist							
Clinical psychologist							
Counsellor							
Social worker							
Nurse specialist							
Speech & Language therapist							
Occupational therapist							
Physiotherapist							
Other							
 If other healthcare pro	e first I	ockdow	n in Ma	urch 2020), have/has	s [you/Rn	name]
Please ✓ one box per							1
	1	Not seen		ot as Th	e More	l don't	N/A
		hem at al		uch sar	ne	know	
GP – in person		hem at al since ther		uch sai	ne	know	

Psychiatrist – in person			
Psychiatrist –			
online/telephone			
Clinical psychologist – in			
person			
Clinical psychologist –			
online/telephone			
Counsellor – in person			
Counsellor –			
online/telephone			
Social worker – in			
person			
Social worker –			
online/telephone			
Nurse specialist – in			
person			
Nurse specialist –			
online/telephone			
Speech & Language			
therapist – in person			
Speech & Language			
therapist –			
online/telephone			
Occupational therapist –			
in person			
Occupational therapist –			
online/telephone			
Physiotherapist – in			
person			
Physiotherapist –			
online/telephone			
Other – in person			
Other – online/telephone			

	If other healthcare professional (in person), plea	ase spe	cify:	
	If other healthcare professional (online/telephon	e), plea	ase specify:	
	(Adapted from Hatton et al., also similar que questionnaire)	stions	in TILDA COVID-19	
9.7	Since the start of the first lockdown in March healthcare appointment?	ח 2020,	have you made a new	
	Please ✓ one box			
	Yes, I was able to make the new appointment(s)			
	No, I tried to make a new appointment but was unable to do so			
	No, I haven't made any new appointments			
	Don't understand			
	Unclear response			
	l don't know			
	Refused to answer			
	If you have made a new appointment, or had appointment, can you describe this:	difficu	Ilty in making a new	
	(Added based on consultation with Inclusive 12/March/2021)	Resea	arch Network (IRN),	
9.8	Since the outbreak of the COVID-19 pandemic in March 2020, [have/has] [you/he/she] started, stopped or changed the dose of any of [your/his/her] prescribed medicines?			
	Please ✓ all that apply			
	Yes, I have stopped taking a prescribed medication			

	Yes, I have started taking a new prescribed		
	medication		
	Yes, I have changed the dose of a		
	prescribed medication		
	No, I am taking the same medications		
	Don't understand		
	Unclear response		
	I don't know		
	Refused to answer		
	If so, please tell us the changes:		
9.9	(If "yes" to 9.8) Since the outbreak of the CO	א חו ער) nondomia in March 2020, if
5.5	you did start or stop taking a prescribed me	dicatio	n, what was the reason?
	Please ✓ one box		
	Doctor's advice		
	Pharmacist's advice		
	Could not afford the medication		
	Could not get the medication from the		
	pharmacy		
	Personal decision		
	Other		
	Don't understand		
	Unclear response		
	I don't know		
	Refused to answer		

	If "other", please specify:		
9.10	Since the start of the first lockdown in March any health supplements?	ר 2020,	have you started taking
	Please ✓ all that apply		
	Multivitamin		
	Zinc		
	Vitamin C		
	Iron		
	Vitamin D		
	Folic acid		
	Fish oil/omega		
	Any B supplements		
	Other		
	Don't understand		
	Unclear response		
	I don't know		
	Refused to answer		
	lf ether place enerify		
	If other, please specify:		

(Adapted from TILDA COVID-19 questionnaire)

	SECTION 10: COVID-19 VACCINE		
	The next questions are about the COVID-19 vaccine.		
10.1	Did [you/Rname] receive easy-read accessible information on the government guidelines on the COVID-19 vaccine?		
	Please ✓ one box only		
	Yes, received official government information/guidance		
	No, received other information/guidance (Skip to Q.10.3)		
	No (Skip to Q.10.3)		
	Unable to understand (Skip to Q.10.3)		
	Unclear response (Skip to Q.10.3)		
	Don't know (Skip to Q.10.3)		
	Refused to answer (Skip to Q.10.3)		
10.2	[Do/does/did] [you/Rname] find the accessible version of the government) guidance on the vaccine easy to understand?	e (official Irish	
	Please ✓ one box only		
	Extremely easy		
	Somewhat easy		
	Somewhat difficult		
	Extremely difficult		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		
10.3	[Have/has] [you/Rname] been given the vaccine?		
	Please ✓ one box only		
	Yes, first dose, only require one		
L			

	Yes, first dose, waiting for second			
	Yes, first and second dose			
	No (Skip to Q.10.13)			
	Unable to understand (Skip to Q.10.13)			
	Unclear response (Skip to Q.10.13)			
	Don't know (Skip to Q.10.13)			
	Refused to answer (Skip to Q.10.13)			
10.4	Date of first dose:			
10.5	Date of second dose:			
10.6	Which vaccine did you receive?			
	Pfizer-BioNTech			
	Oxford AstraZeneca			
	Janssen			
	Johnson & Johnson		-	
	Moderna			
	Other		_	
	Unable to understand			
	Unclear response			
	Don't know			
	Refused to answer			
		I]	
	Other, please specify:			
	11			

What does it mean for you to have had the vaccine? [Self-report only]:			
In rare cases, people might feel unwell after t experience any of the following after taking t			id [you/R
Please ✓ all that apply		-	
	~	First dose	Second dose
Tenderness, swelling or redness of the arm where [you/he/she] have had the vaccine			
Itchiness where you have had the vaccine			
Feeling tired			
Headache			
Muscle pain			
Joint pain			
Nausea			
Fever			
Swelling of lymph glands			
Sleeplessness			
None of the above (Skip to Q.10.10)			
Unable to understand (Skip to Q.10.10)			
Unclear response (Skip to Q.10.10)			
Don't know (Skip to Q.10.10)			
Refused to answer (Skip to Q.10.10)			

10.9	If you felt unwell after taking the vaccine, how long di	d this last	for?
	Please ✓ one box only		
	Less than 24 hours		
	24 to 48 hours		
	More than 48 hours		
10.10	Where did [you/he/she] receive the vaccine?		
	Please ✓ one box only		
	At home		
	Another location within [your/his/her] residential setting		
	Outside [your/his/her] residential setting		
	Unable to understand (Skip to Q.10.12)		
	Unclear response (Skip to Q.10.12)		
	Don't know (Skip to Q.10.12)		
	Refused to answer (Skip to Q.10.12)		
10.11	Was this location convenient for [you/him/her]?		4
	Please ✓ one box only		
	Yes		
	No		
	Unable to understand		
	Unclear response		
	Don't know		
	Refused to answer		

Please ✓ one box only		
Yes		
No		
Unable to understand		
Unclear response		
Don't know		
Refused to answer		
(If no/don't know/no res vaccine, would [you/Rn		10.3): If [you/Rname] were offered the it?
Please ✓ one box only		
Yes		
No		
I'm not sure		
Unable to understand		
Unclear response		
Don't know		
Refused to answer		
(If answer is "no") Why	do/does	[you/Rname] not want to take the vacc

10.14	<pre>(If "yes" to 10.13). If you know when you will be receiving the vaccine, please provide the date below: Date of first dose:</pre>

	SECTION 11: Final questions
11.1	We now come to the end of the questionnaire. There were a lot of detailed questions about a difficult time.
	[Self-report only]: Now, we want to give you the opportunity to tell us in your own words, how you would describe the general impact that the COVID-19 pandemic has had on your life during this period? (For example, is there anything the government or your service could have done to make life better for you?)
11.2	[Self-report only]: Finally, what is it that you are looking most forward to doing
	once COVID-19 ends?:

Many thanks for answering those questions for me. We really appreciate you taking the time to talk with me today.





Trinity College Dublin Coláiste na Tríonóide, Baile Átha Cliath The University of Dublin



An Roinn Sláinte Department of Health