



Wave 4 Pre-Interview Questionnaire: Confidential

Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing (IDS-TILDA)

IDS-TILDA ID NUMBER:	W 4
GENDE	R: FEMALE MALE
FOR OFFICE USE ON	ILY
INTERVIEW DATE:	
INTERVIEWER ID NUMBER:	

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IDS-TILDA Working to Make Ireland the Best Place to Grow Old

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INSTRUCTIONS
This questionnaire is part of WAVE 4 of The Intellectual Disability Supplement to TILDA. Thank you for taking part in this study. Your answers are very important to us to help ensure the needs of people with an intellectual disability are met as they grow older.
WHAT TO DO IF YOU NEED HELP.
If you need support filling in the questionnaire ask a family member, a key worker or a friend who
knows you at least 6 months to help.
HOW TO FILL IN THE QUESTIONNAIRE.
Please answer the questions by:
Ticking a box like this
Or writing a number in a box like this
Sometimes you will find an instruction telling you which questions to answer next like this
YES
NO F 'NO' GO TO QUESTION 3
HOW TO RETURN THIS QUESTIONNAIRE
Please give the questionnaire to the interviewer on the day of your interview. If you have any questions about the questionnaire, please call us on 01 8963187.

	Personal Details – For New Participants only
NP1	Are you male or female?
	Please tick one box only Male Female
NP2	What is your date of birth?
	(e.g. 01/03/66) / / / / / / / / Don't know
NP3	Are you?
	Please tick one box only
	Single (never married)
	Living with a partner as if married
	With a partner but not living with him/her
	Married
	Separated
	Divorced
	Widowed
	Don't know

NP4	Do you have any children	?		
	Please tick one box only			
	Yes			
	No			
	Don't know			
NP5	What is your level of intel	lectual (disability?	
	Please tick one box only			
	Not verified			
	Mild			
	Moderate			
	Severe			
	Profound			
	Pioloulia			
	Don't know			
			J	
NP6	What is the cause of your	intelled	tual disability?	
	Please tick one box only		-	
	Down syndrome			
	Cause of intellectual disab	ility unler	nown	
	Cause of intellectual disab	ility uriki	IOWII	
	Don't know			
	Other			
	Other (please tell us)			
	Other (please tell us)			

NP7	What is the highest level of education you have completed?	
	Tick one box only	
	Some primary (not complete)	
	Primary or equivalent	
	Intermediate/junior/group certificate or equivalent	
	Leaving certificate or equivalent	
	Diploma/certificate	
	Primary degree	
	Postgraduate/higher degree	
	None	
	Don't know	
	Other	
	Other (please tell us)	
NP8	How long have you lived in your current place of residence?	
	year(s) month(s)	
	Don't know	

A) Section A: How you spend your free time

Question 1: How often if at all, do you do any of the following activites FOR EACH ACTIVITY TICK ONE BOX THAT APPLIES



Activity	Daily/	Once a	Twice a	About	Every	About	Don't	Never
-	Almost	week or	month	once a	few	once or	Know	
	Daily	more	or more	month	months	twice a		
						year		
Go to cinema								
Theatre, Concert,								
Opera								
Eat Out								
Go to an art								
Gallery or								
museum								
Go to church or								
other place of								
worship								
Go to pub for a								
drink								
Go to a coffee								
shop for light								
refreshments								
Go Shopping								
Participates in								
sports activities /								
events								
Go to sports								
events								
Go to library								



FOR EACH ACTIVITY TICK ONE BOX THAT APPLIES

	Daily/	Once a	Twice a	About	Every	About	Don't	Never
	Almost	week or	month	once a	few	once or	Know	
Activity	Daily	more	or more	month	months	twice a		
						year		
Go to social clubs								
(i.e. bingo, play								
cards)								
Go to								
Hairdressers								
Perform in local								
art groups and								
choirs								
Spend time on								
hobbies or								
creative activities								
Visit family and								
friends in their								
home								
Talk to family and								
friends on the								
telephone								
Do voluntary								
work								
Other activities								
outside of the								
home please								
specify								

Where do you spend your free time

Question 2: Thinking of the activities you ticked in section one, please let us know if you do these activities within the community setting, within an ID service setting or both settings

FOR EACH ACTIVITY TICK ONE BOX THAT APPLIES



Activity	Within the	Within ID Service	Both within the	Don't	Never
	community	Setting	community and	Know	
	setting		ID setting		
Cinema					
Theatre, Concert					
or Opera					
Eat Out					
Go to an art					
Gallery or					
museum					
Go to church or					
other place of					
worship					
Go to a pub for a					
drink					
Go to a coffee					
shop for light					
refreshments					
Go Shopping					
Participates in					
sports activities /					
event					
Go to Sports					
events					
Go to Library					

Activity	Within the	Within ID Service	Both within the	Don't	Never
	community	Setting	community and	Know	
	setting		ID setting		
Go to social clubs					
(e.g. bingo, play					
cards					
Go to the					
hairdressers					
Perform in local					
art groups and					
choirs					
Spend time on					
hobbies or					
creative activities					
Visit family and					
friends in their					
home					
Talk to family and					
friends on the					
telephone					
_					
Do voluntary					
work					
Oth on opticities					
Other activities					
outside of your					
home					

Other (Please Specify)

	B) Section B: Height and weight
Question 3:	What is your height without shoes?
	Centimetres
	Or
	Feet Inches
	Don't know
Question 4:	What is your weight without clothes?
4.	Stones Pounds
	(e.g. 10) (e.g. 2) Or
	Pounds
	(e.g. 142)
	Or
	(e.g. 64.4)
	Don't know

Question 5:	Please indicate if you have rece	ived a	ny of	the foll	owin	g injection	ons.
40.000.01.01	Please tick one box per line						
			YE	SI	NO	Dor	ı't
						kno	w
	A flu injection in the last year?						
	A Hepatitis B Vaccine in the las	st 5					
	years?						
Question 6:	Please indicate if you have ever	recei	ved a	any of th	ne fo	llowing r	medical te
	Please tick one box per line	1					
		YE		YES		NO	Don't
		with		Over			Know
		the		year			
		2 ye	ars	ago	'		
	A blood test for cholesterol?						
	Your blood pressure						
	measured?						
	A thyroid function test?						
	A blood glucose test (sugar						
	test)?						
	Been screened or assessed						
	from memory impairment /						
	Dementia?						
	A bone density test?						
	(e.g. DXA scan)						
	A bowel cancer screening						
	test?						
	A PSA blood test (men only)?						

D) Section D: Women only Questions Question 7: Have you gone through or are you currently going through the menopause? Please tick one box only Go to Q. 8 YES, gone through the menopause already Go to Q. 8 YES, currently going through the menopause Go to Q. 9 NO Go to Q. 9 Don't know Question 8: About how old were you when it started? years old? I was Don't know

Question 9:	Have you been invited for a mammogram	in the last 2	years?
	Please tick one box only		
	YES		
	NO		
	Don't Know		
Question 10:	If you were invited, did you attend?		
	Please tick one box only		
	YES		
	NO		
	Don't Know		
Question 11:	If you did not attend, what was the r	reason	
	Please tick all that apply		
	Environment net accessible e.g. the machin	o not	
	Environment not accessible e.g. the machin suitable, no wheelchair access	e not	
	Lack of support staff		
	Lack of transport		
	Too long in the waiting room		
	Fear		
	Cost		
	Don't know		
	Other (Please specify)		

Question 12:	Have you been invited for a Cervical smear test	in the	last 2
	years?		
	Please tick one box only		
	YES		
	NO		
	Don't Know		
0 11 10			
Question 13:	If you were invited, did you attend?		
	Diagon tiels and best and		
	Please tick one box only		
	YES		
	NO		
	Don't Know		
Question 14:	If you did not attend, what was the reason?		
	Please tick all that apply		
	Environment not accessible e.g. the equipment not		
	suitable, no wheelchair access		
	Lack of support staff		
	Lack of transport		
	Too long in the waiting room		
	Fear		
	Cost		
	No need		
	Don't know		
	Other (Please specify)		

	E) Section E: Health Services You Use
Question 15:	Are you covered by private medical insurance?
	Please tick one box only
	YES, covered by private medical insurance
	NO, not covered by private medical insurance
	Don't know
Question 16:	The next question is about the health services you use, where you use
	them, and how many times in the last year you attended, It also asks if you
	paid for any of the services out of your own pocket.
	Don't know if any health services used <u>in the last year</u> Go to Q. 17
	Didn't use any health services in the last year Go to Q. 17
	If you did use any health services <u>in the last year</u> , tell us how many times you attended the health service in the community or in the service provider / service setting.
	For any you didn't attend, please put a '0' in the relevant box.
	Also please tell us if you paid for any of these visits out of your own
	pocket.

ANSWER ALL THAT APPLY

	How many times did you attend in the community setting / mainstream?	How many times did you attend in the service provider setting?	Did you pay for any of these visits out of your own pocket? PLEASE TICK IF APPLICABLE
General			
Practitioner			
(GP)			
Public Health or			
community			
nurse			
Occupational			
therapy			
Chiropody			
services			
Physiotherapy			
services			
Social work			
services			
Psychological /			
counselling			
services			
Home Help			
Optician			
services			

	Hearing				
	services				
	Dental Services				
	Pharmacist				
	Dietician				
	Services				
	Speech &				
	Language				
	services				
	Neurological				
	services				
	Psychological				
	services				
	Endocrinology				
	services				
	Dermatology				
	services				
	Palliative care				
	services				
	Other				
Question 17:	In the last year, a	bout how often did	your GP visit y	ou at home?	
	Number of visits				
	L				
	Don't know				
Question 18:	In the last year, h	ow many times did	you attend a h	ospital emerge	ncy
	department for tr	eatment?			
	Number of visits				
	Trainber of visits				
	Don't know				

Question 19:	This question asks for more information about your visits to a hospital
	emergency department for treatment in the last year.
	Didn't visit a hospital emergency department Go to Q. 20
	If you attended a hospital emergency department for treatment in the last year, what was the reason?
	Please tick all that applies
	Multiple injuries
	Broken or fractured bone(s)
	Burn(s)
	Dislocation(s)
	Sprain or strain(s)
	Cut(s) or Open wound
	Scrape, bruise, blister(s)
	Concussion or other head/brain injury
	Poisoning
	Internal injuries(s)
	Pneumonia
	Epilepsy
	Don't know
	Other
Question 20:	In the last year, about how many visits did you make to a hospital out-
	patient clinic?
	Number of visits
	Don't know

Question 21:	In the last year, how many times w	vere you admitted to hospital	
	overnight?		
	Note: These are sometimes called in	n-patient admissions.	
	Number of admissions		
	Don't know		
Question 22:	In the last year, how many nights	did you spend in an Acute/general	
	hospital?		
	•		
	Number of nights		
	Don't know		
Question 23:	Please tell us the names of the ho	spitals you were in over the last year.	_
Question 23:			-
Question 23:		espitals you were in over the last year. Sublin OR Louth County, Dundalk)	•
Question 23:	For example (St James Hospital D	Oublin OR Louth County, Dundalk)	•
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	•
Question 23:	For example (St James Hospital D	Oublin OR Louth County, Dundalk)	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	•
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	•
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-
Question 23:	For example (St James Hospital D	Dublin OR Louth County, Dundalk) Location of Hospital	-

Question 24: In the last year, how many nights did you spend in an acute/psychiatric hospital due to mental health problems? Number of nights Don't know In the last year, how many nights did you spend in respite? Number of nights Don't know		
hospital due to mental health problems? Number of nights Don't know Question 25: In the last year, how many nights did you spend in respite? Number of nights		
hospital due to mental health problems? Number of nights Don't know Question 25: In the last year, how many nights did you spend in respite? Number of nights		
hospital due to mental health problems? Number of nights Don't know Question 25: In the last year, how many nights did you spend in respite? Number of nights		
Don't know Question 25: In the last year, how many nights did you spend in respite? Number of nights	Question 24:	In the last year, how many nights did you spend in an acute/psychiatric
Question 25: In the last year, how many nights did you spend in respite? Number of nights		hospital due to mental health problems?
Question 25: In the last year, how many nights did you spend in respite? Number of nights		Number of nights
Number of nights		Don't know
Number of nights		
	Question 25:	In the last year, how many nights did you spend in respite?
Don't know		Number of nights
		Don't know

Question 26:	This question asks for more information about your nights spent in respite in
	the last year.
	Didn't spend any nights in respite Go to Q. 27
	If you have spent nights in respite in the last year, please tell us how many nights you have spent in each of the following:
	In a community setting
	In a service provider setting
	In a nursing/convalescent home
	Don't know
Question 27:	In the last year how many hours per week did you use a personal care
	attendant on a typical week?
	Number of nights
	Don't know
Question 28:	Are there any services that you think you would benefit from that you
	are not receiving at present?
	Please tick one box only
	YES
	NO Don't Know
	If YES, please specify
	, p

F) Section F: How happy are you with your health services

The next few questions ask how satisfied or happy you are with the service you get from your health care providers.

Question 29: Are all staff at the health services nice and polite to you?

Please tick one box on every line

	Yes, all staff	Yes, some staff	No	Don't know	Does not apply
Doctors/GP surgery					
Dentist's office					
General hospital					

Question 30:

When you go to the health services, do you have the support (family/staff) to get there?

Please tick one box on every line

	Almost always	Sometimes	Almost never	Don't know	Does not apply
Doctors/GP					
surgery					
Dentist's office					
General					
hospital					

Question 31:	When you go to	the health	n services,	do y	ou have th	e transpoi	rt to get		
	there?								
	Please tick one box on every line								
		Almost	Sometim	ies	Almost	Don't	Does		
		always			never	know	not		
							apply		
	Doctors/GP								
	surgery								
	Dentist's office								
	General								
	hospital								
Question 32:	Can you think of	anything	you asked	for l	help with I	out didn't ç	get?		
	Please tick one b	ox only							
	Yes		Go	to Q	. 33				
	No		Go	to Q	. 34				
	Don't know		Go	to Q	. 34				
						_			
	IF YES (Please	specify)							
Question 33:	Please tell us the	e main thi	ng that sto	ns/ni	revents vo	u from get	tting this		
Question oo.	service or service		ng mat sto	po, pi	icvenie ye	a nom ge	iting tino		
	Service of Service								
	Г								
	Don't know								
	_								

Please get your Carer/Key worker/Support person to complete	this section
---	--------------

G) Section G: Cognition

Please indicate how long you know the participant: _____ Years

The following section should ideally be completed by a person who knows the participant 2 years or more, if you don't know the participant 2 years or more please refer to someone who does, otherwise complete to the best of your knowledge.

Now we want you to remember what your friend or relative was like 2 years ago and to compare it with what he/she is like now. Two years ago was in 20____.

Below are situations where this person has to use his/her memory and we want you to indicate whether this has improved, stayed the same or got worse in that situation over the past 2 years.

Note the importance of comparing his/her present performance with 2 years ago.

So, if 2 years ago this person always forgot where he/she had left things, and he/she still does, then this would be considered "Hasn't changed much".

Question 34:

PLEASE INDICATE THE CHANGES YOU HAVE OBSERVED BY CIRCLING THE APPROPRIATE ANSWER.

Compared with 2 years ago how is this person at:

	1	2	3	4	5	6
Remembering things about family and friends e.g. occupations, birthdays, addresses	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Remembering things that have happened recently	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Recalling conversations a few days later	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable

Remembering his/her address and telephone number	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Remembering what day and month it is	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Remembering where things are usually kept	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Remembering where to find things which have been put in a different place from usual	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Knowing how to work familiar machines around the house	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Learning to use a new gadget or machine around the house	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Learning new things in general	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Following a story in a book or on TV	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Making decisions on everyday matters	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Handling money for shopping	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Handling financial matters e.g. the pension, dealing with the bank	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable

	Handling other everyday arithmetic problems e.g. knowing how much food to buy, knowing how long between visits from family or friends	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
	Using his/her intelligence to understand wht's going on and to reason things through	Much Improved	A bit improved	Not much change	A bit worse	Much worse	Not applicable
Question 35:	Any other Information	on (Cogni	tion):				

Please get your Carer/Key worker/Support person to complete this section

H) Section H: Behaviours that Challenge

Question

Below you will find broad definitions followed by specific items for three types of behaviour problems:

36:

- 1. Self-injurious behaviours (items 1-8),
- 2. Aggressive/destructive behaviours (items 9-18), and
- 3. Stereotyped behaviours (items 19-30).

Indicate which behaviours you have observed in this individual during the past two months by circling the number in the appropriate boxes (1) how often a described behaviour typically occurs and (2) how serious a problem the behaviour is. If the behaviour has not occurred during the past two months and therefore poses no problem, check "never/no problem" ("0"). If the behaviour has occurred, rate the approximate frequency of its occurrence and its severity (use the definitions below; note, no severity scale is provided for stereotyped behaviour.)

SELF-INJURIOUS BEHAVIOUR

Mild Problem	Moderate Problem	Severe Problem
Behaviour occurs but does not inflict significant	Behaviour may inflict moderate damage on the	Behaviour may inflict moderate to severe
damage on the individual (e.g., temporary	individual (e.g., moderate bruising, scratching	damage on the individual (e.g. biting through the
reddening of the skin, very light bruising).	through the skin, repeatedly picking scabs.	skin, eye gouging, fracturing bones) minor or
		major medical intervention required.

Self-injurious behavior (SIB) causes damage to the person's own body; i.e., damage has either already occurred, or it		Never / no problem	Average	Frequenc	y of Oce	currence	Severity of the Problem			
u sa	must be expected if the behavior remained untreated. SIBs occur repeatedly in the same way over and over again, and they are characteristic for that person.		Monthly	Weekly	Daily	Hourly	Mild	Moderate	Severe	
1.	Self-biting	0	1	2	3	4	1	2	3	
2.	Head hitting	0	1	2	3	4	1	2	3	
3.	Body hitting (except for the head) with own hand or with any other body part	0	1	2	3	4	1	2	3	
4.	Self-scratching	0	1	2	3	4	1	2	3	
5.	Pica (ingesting non-food items)	0	1	2	3	4	1	2	3	
6.	Inserting objects in nose, ears, anus, etc.	0	1	2	3	4	1	2	3	
7.	Hair pulling (tearing out patches of hair)	0	1	2	3	4	1	2	3	
8.	Teeth grinding (evidence of ground teeth)	0	1	2	3	4	1	2	3	

Yes			
No			
Don't know			
If 'Yes' please desc	cribe this intervention		
ii res picase desc			\neg

AGGRESSIVE/DESTRUCTIVE BEHAVIOUR

Mild Problem	Moderate Problem	Severe Problem
Behaviour occurs but does	The behaviour may inflict	The behaviour may inflict moderate
not inflict significant	moderate damage on other	to severe damage on other people
damage on other people	people (e.g., moderate bruising,	(e.g. biting through the skin, eye
(e.g., temporary reddening	scratching through the skin,	gouging, fracturing bones) minor or
of the skin, very light	repeatedly picking scabs; or	major medical intervention required;
bruising); or disruption or	moderate damage to property	or significant damage to property.
mild damage to property,	(e.g., curtains torn, furniture	Item requires repair and cannot be
e.g., objects thrown,	partly broken). Item requires	used.
furniture tipped, doors	repair but can be used.	

de	ggressive or destructive behaviors are eliberate overt attacks directed towards her individuals or property.	Never / no problem	Average	Frequenc	y of Oc	currence	Severity of the Problem		em
			Monthly	Weekly	Daily	Hourly	Mild	Moderate	Severe
9.	Hitting others	0	1	2	3	4	1	2	3
10	. Kicking others	0	1	2	3	4	1	2	3
11	Pushing others	0	1	2	3	4	1	2	3
12	2. Biting others	0	1	2	3	4	1	2	3
13	B. Grabbing and pulling others	0	1	2	3	4	1	2	3
14	Scratching others	0	1	2	3	4	1	2	3
15	Pinching others	0	1	2	3	4	1	2	3
16	S. Verbally abusive with others	0	1	2	3	4	1	2	3

17.		0	1	2	3	4	1	2	
	throws chairs, smashes tables)								
18.	Bullying - being mean or cruel (e.g.,	0	1	2	3	4	1	2	
	grabbing toys or food from others)								
ls th	nere a psychological or non-pharn	nacologic	al interve	ntion in	place t	o addres	s this behavior	?	
Plea	ase tick one box only								
	,								
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \									
Yes									
No									
Do	n't know								
IE (XZ									
II YE	es' please describe this intervention								

STEREOTYPED BEHAVIOUR

Stereotyped behaviors look unusual, strange, or inappropriate to the average person. They are voluntary acts that occur repeatedly in the same way over and over again, and they are characteristic for that person. However, they do NOT cause physical damage.

Average Frequency of Occurrence

		Never /no	Monthly	Weekly	Daily	Hourly
		problem				
19.	Rocking, repetitive body movements	0	1	2	3	4
20.	Sniffing objects, own body	0	1	2	3	4
21.	Waving or shaking arms	0	1	2	3	4
22.	Manipulating (e.g., twirling, spinning) objects	0	1	2	3	4
23.	Repetitive hand and/or finger movements	0	1	2	3	4
24.	Yelling and screaming	0	1	2	3	4
25.	Pacing, jumping, bouncing, running	0	1	2	3	4
26.	Rubbing self	0	1	2	3	4
27.	Gazing at hands or objects	0	1	2	3	4
28.	Bizarre body postures	0	1	2	3	4
29.	Clapping hands	0	1	2	3	4
30.	Grimacing	0	1	2	3	4

Yes		
No		
Don't know		
If 'Yes' please desc	ibe this intervention	
If 'Yes' please desc	ibe this intervention	
If 'Yes' please desc	ibe this intervention	

	I) Section I: Medications
Question 37: We would like to record all medicat	tions that you take on a regular basis, take every day or every week. This will
include prescription and non-prescription med	dications, over –the- counter medicines, vitamins and herbal and alternative
medicines.	
Don't take any medication	Go to Question 38
,,	
Don't know what medication I take, record by proxy	PLEASE COMPLETE MEDICATION FORM
Don't know what medication I take, record by proxy	T ELASE COMIT ELTE MILDICATION TONM
Medicines verified from Kardex /case record	
Medicines verified from Kardex /case record	

PLEASE WRITE DOWN DETAILS OF ALL MEDICATIONS/TABLETS. USE ONE LINE PER MEDICATION AND FOLLOW THE EXAMPLE GIVEN BELOW

Name of Medication	Dosage Strength	Frequency	Route	Date first Prescribed
Epilim Chrono tablets	200mgs	Twice a day (BD)	Orally (PO)	Sept 2009
One touch ultra test strip(blood glucose)	1 strip	Before meals	-	June 2015
Neo-cytamen Injection(hydroxycobalamin)	1000mgs	Monthly	IM	Nov 2010
Xalatan eye drops	2 drops (left eye)	Nocte (At night)	Instill	June 2010
Emulsifying Ointment		PRN	Topically	Jan 2009
Evening Primrose Oil capsules	1000mg	1 daily	PO	June 2005
Ensure Plus Drinks		1 daily	РО	Oct 2007

	Name of Medication	Dosage Strength	Frequency	Route	Date first Prescribed
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					

17.			
18.			
19.			
20.			
21.			
22.			
23.			
24.			

Question 38:	Some studies like TILDA link the information they collect with official health
	records to provide a complete picture about the health and treatment history of
	the participant.
	Please note we are interested in linking with official health records from this
	Wave 4 study period (September 2019-February 2020).
	If you took part in Ways 2 of the aturdy (October 2016 February 2017) we are

If you took part in Wave 3 of the study (October 2016-February 2017) we are also interested in this study period.

Would you be happy to provide us with your medical card number/ Drugs Payment Scheme (DPS) number for this purpose?

Please tick one box only

Yes	
No	Go to Q. 39
Don't know	Go to Q. 39

If yes, please write your medical card number/Drugs Payme	ent Scheme
number in the box below.	

Question 39:

Have you ever received any easy to read information leaflets about your medication?

Please tick one box only

Yes	Go to Q. 40
No	Go to Q. 41
Don't know	Go to Q. 41

Question 40: If you have received information leaflets about your medication	
	tell us who gave you these leaflets from the list below.
	PLEASE TICK ALL THAT APPLY
	General Practitioner
	Pharmacist
	Public Health Nurse
	RNID
	Don't know
	Other
	Other (please tell us)

	J) Section J: Sources of Income (SI)				
Question 41:	This section asks questions about the money you get and how much money				
	you have to spend on things you like to do.				
	Didn't receive any payments in the last year	Go to Q. 42			
	Don't know if received payments in the last year	Go to Q. 42			
	If you did, please tick all the types of payments that you	have received in			
	the last year.				
	Disability allowance				
	Mobility allowance				
	Disability benefit (previously known as illness benefit)				
	Retirement pension from former employment				
	Contributory state pension				
	(previously known as Non-Contributory old age pension)				
	Transition state pension				
	(previously known as retirement pension)				
	Invalidity pension				
	Widow's or Widower's contributory pension				
	Private pension				
	Jobseeker's allowance				
	(previously known as unemployment assistance)				
	Jobseeker's benefit				
	(previously known as unemployment benefit)				
	Supplementary welfare allowance				
	Don't know				
	Other (please specify)				

Once you have paid all of your bills, how much money do you have every				
week?				
€Total amount				
(From CAPI SI_30.3 new q)				
Have you ever had an assessment of financial capacity undertaken with				
you?				
Financial capacity is when so	meone asks you questions about how you			
	you make decision about spending or saving			
	ould need some support with making these			
decisions?				
These may be decisions about how to spend your money on everyday items				
like buying food and drink, as well as decisions about buying bigger things				
such as television, a care, a house				
Please tick one box only				
Yes				
No				
Don't know				
-	account?			
Please tick one box only				
Vas	Go to Q. 45			
	Go to Q. 46			
Don't know	Go to Q. 46			
	week? €Total a (From CAPI SI_30.3 new q) Have you ever had an asses you? Financial capacity is when some manage your money and how your money to check if you won decisions? These may be decisions about like buying food and drink, as such as television, a care, a has such as television, a care, a has please tick one box only Yes No Do you have your own banked Please tick one box only Yes No These may be decisions about like buying food and drink, as such as television, a care, a has such as television, a care, a has leaved and the please tick one box only Yes No No Do you have your own banked please tick one box only			

Question 45:	Who has access to your bank card?			
	Tick all that apply			
	Myself			
	Family			
	Keyworker			
	Service provider			
	Friend(s)			
			•	

	K) Section K: Transport					
Question 46:	Within the last year, have you used any of the following means of					
	transport?					
	Didn't use any transport in the last year Go to Q. 52					
	Don't know if any transport used in the last year Go to Q. 52					
	If you did, tick all that apply					
	Bicycle/motorbike					
	Drive myself					
	Driven as a passenger by family					
	Driven as a passenger by friends					
	Driven as a passenger by service staff					
	Public bus (city or urban)					
	Public bus (intercity)					
	Public buses (rural)					
	Taxi/hackney					
	DART/Luas					
	Train (commuter)					
	Bus operating as part of the rural transport scheme					
	Don't know					
	Other (please specify)					
	(Adapted from ELSA/TILDA)					

Question 47:	Which of these methods of transport do you use most often?				
Tick all that apply					
	Bicycle/motorbike				
	Drive myself				
	Driven as a passenger by family				
	Driven as a passenger by friends				
	Driven as a passenger by service staff				
	Public bus (city or urban)				
	Public bus (intercity)				
	Public buses (rural)				
	Taxi/hackney				
	DART/Luas				
	Train (commuter)				
	Bus operating as part of the rural transport scheme				
	Don't know				
	Other (please specify)				
	(TILDA)				
	Public bus (city or urban) Public bus (intercity) Public buses (rural) Taxi/hackney DART/Luas Train (commuter) Bus operating as part of the rural transport scheme Don't know Other (please specify)				

Question 48:	Do you feel there is a lack of transport facilities in your area?				
	Please tick one box only				
	Yes		Go to Q. 49		
	No		Go to Q. 50		
	Don't know		Go to Q. 50		
Question 49:	Does the lack of transpor	t faciliti	es in your area a	ffect your lifesty	le?
	Please tick one box only				
	A great deal				
	To some extent				
	Not at all				
	Don't know				
Question 50:	What would you consider	are the	most important	improvements t	hat
	could be made to the tran	sport o	ptions available	to you?	
Question 51:	Any other Information (Tr	anspor	t)		

L) Section L: Living Circumstances				
Question 52:	Do you have a key to your own home?			
	Please tick one box only			
	Yes			
	No			
	Don't know			
	(McConkey et al. 2016)			
Question 53:	How many people live under	the same roof as you?		
	By live we mean people who a	re NOT paid staff and who	reside at this	
	residence for the majority of the	e week (e.g. family membe	ers, other people with	
	ID).			
	Number of People			
	Don't know			
	(Adapted POMONA)			
Question 54:	(Adapted POMONA) Do you have your own bedre	oom for yourself?		
Question 54.	bo you have your own bear	oom for yoursen!		
	Please tick one box only			
	Yes	Go to Q. 57	1	
	No	Go to Q. 56		
	Don't know	Go to Q. 57		

Question 55:	How many people do you share a bedroom with? (other than with a
	partner)
	Number of People
	Don't know
	(National Quality standards HIQA/IDS-TILDA)
Question 56:	Would you prefer to have your own bedroom?
	Please tick one box only
	Yes
	No
	Not applicable
	Don't know
	(National Quality Standards HIQA/IDS-TILDA)
Question 57:	Do you receive support from nursing staff in your residence?
	Please tick one box only
	24 Hours a day
	Only at night
	Only during the day
	Part time both at day and
	night
	Not applicable
	(no paid nursing staff in your
	house day or night)
	Don't know
	Other, (Please specify)
	(Adapted from POMONA)

Question 58:	Do you receive support from other staff (e.g. key worker, support worker)			
	in your residence (excluding n	ursing staff)?		
	Please tick one box only			
	24 Hours a day			
	Only at night			
	Only during the day			
	Part time both at day and			
	night			
	Not applicable			
	(no paid nursing staff in			
	your/his/her] house day or			
	night)			
	Don't know			
			1	
	Other, please specify			
	(Adapted from POMONA)			

Question 59:	Thinking about your current home do you?				
	Please tick one box only				
	Own this residence/have mortgage	Go to Q. 61			
	Family own the residence	Go to Q. 61			
	Rent – From service provider	Go to Q. 60			
	Rent – From private landlord	Go to Q. 60			
	Rent – From local authority / social housing	Go to Q. 60			
	Does not pay rent / Not applicable	Go to Q. 61			
	Don't know	Go to Q. 61			
	Rent - Other (Please specify)	Go to Q. 60			
Question 60:	Do you have a tenancy agreement between you ar	nd the person you rent			
400000000000000000000000000000000000000	from?	ia ino porcon you rom			
	Please tick one box only				
	Yes				
	No				
	Don't know				
Question 61:	Is your residence?				
	Please tick one box only				
	A bungalow or 1 storey house				
	A house with 2 or more stories				
	A ground floor flat				
	A flat/apartment/maisonette on upper storey, with lift				
	A flat/apartment/maisonette on upper storey, with no	lift			
	Don't know				
	Other (Disease area)				
	Other (Please specify)				
	(NDS/IDS-TILDA)				

Question 62:	Is your residence adapted or not adapted to meet your needs?
	Please tick one box only
	Adapted
	Not adapted
	Don't know
Question 63:	Does your residence have a bathroom, bedroom and kitchen all on the
	same floor or level?
	Please tick one box only
	Yes
	No
	Not applicable
	Don't know
	(Adapted from Disability Follow back Survey)
Question 64:	Do you have any difficulty getting around inside your home for
	example, getting to and from the toilet, going from room to room, such
	as your bedroom to the living room?
	Please tick one box only
	No difficulty
	Some difficulty
	A lot of difficulty
	Cannot do at all
	(Adapted from NDS)

Question 65:	Have any modifications been made to your home to help you get around?					
	Please tick one box only					
	Yes		Go to Q. 66			
	No – but modifications are needed		Go to Q. 66			
	No – and modifications are not		Go to Q. 70			
	needed					
	Don't know		Go to Q. 66			
	(IDS-TILDA)					
Question 66:	What modifications have been (need	to be) ma	ade?			
	Please tick all that apply					
	Ramps on street level entrances					
	Automatic or easy to open doors (inclu	ides lever				
	handles)					
	Widened doorways or hallways					
	Lift device					
	Visual alarms or audio warning devices					
	Grab bars or a bath lift (in the bathroom)					
	Lowered counters in the kitchen					
	Don't know					
	Other (please specify)					
	(NDS Adapted by IDS-TILDA)					
Question 67:	What was the total cost of modificati		e to [your/his/her] home?		
	Please write the amount to the nearest €100					
	Don't know					
	(TILDA)					

Question 68:	Were any of the costs of the modifications covered by the State?				
	Please tick one box only			_	
	Yes, all of the costs		Go to Q. 70		
	Yes, some of the costs				
	No, none of the costs				
	Don't know				
	(TILDA)		L	1	
Question 69:	How much did you pay for th	ne ho	me modification	is?	
	Please write the amount to the	near	est €100		
	Don't know				
	(TILDA)				
Question 70:	Any other information (Livin	g Circ	cumstances)		

	M) Section	n M: I (ADI	_) & Helpe	ers				
	Activ	ities of dail	y living					
Question 71:	Please indicate the l	level of diffi	culty, if any	, you have	with each			
	following activities -	-						
	FOR EACH ACTIVIT	Y TICK ONI	BOX THA	T APPLIES				
	Level of difficulty	No	Some	A lot of	Cannot			
		difficulty	difficulty	difficulty	do at all			
	Dressing							
	Walking across							
	room							
	Bathing/showering							
	Eating							
	Bed – in and out							
	Bed – in and out Using toilet							
Question 72:	Using toilet	elp you wit	h each of th	ne following	1-			
Question 72:		elp you wit	h each of th	ne following	1 –			
Question 72:	Using toilet							
Question 72:	Using toilet Does anyone ever h							
Question 72:	Does anyone ever h	Y TICK ONI	E BOX THA	T APPLIES				
Question 72:	Does anyone ever h	Y TICK ONI	E BOX THA	T APPLIES				
Question 72:	Using toilet Does anyone ever h FOR EACH ACTIVIT Help	Y TICK ONI	E BOX THA	T APPLIES				
Question 72:	Using toilet Does anyone ever h FOR EACH ACTIVIT Help Dressing	Y TICK ONI	E BOX THA	T APPLIES				
Question 72:	Using toilet Does anyone ever h FOR EACH ACTIVIT Help Dressing Walking across	Y TICK ONI	E BOX THA	T APPLIES				
Question 72:	Using toilet Does anyone ever h FOR EACH ACTIVIT Help Dressing Walking across room	Y TICK ONI	E BOX THA	T APPLIES				
Question 72:	Using toilet Does anyone ever h FOR EACH ACTIVIT Help Dressing Walking across room Bathing/showering	Y TICK ONI	E BOX THA	T APPLIES				
Question 72:	Using toilet Does anyone ever h FOR EACH ACTIVIT Help Dressing Walking across room Bathing/showering Eating	Y TICK ONI	E BOX THA	T APPLIES				

Question 73:	This question asks for more information about help you may receive							
	from other people with any of these activities.							
	Not applicable/No help needed Go to Q. 75							
	If you do receive help, who supports you with this activity/these							
	activities?							
	Please tick all that apply							
	Spouse/Partner/Boyfriend/Girlfriend							
	Parent							
	Sibling							
	Grandparent							
	Aunt / Uncle							
	Cousin							
	Key worker / Support worker							
	Friend							
	Neighbour							
	Home help							
	Public health nurse							
	Nurse							
Overetion 74	Health care worker		(:					
Question 74:	How much help do you receive from	n this po	erson (ir	nours a	and minutes			
	per week) in a typical week?							
	Please record to the nearest 15-minute interval for each person who helps you (continue to the next page)							
		Hrs	Mins					
	Spouse/Partner/Boyfriend/Girlfriend							
	Parent							
	Sibling							
	Grandparent							

	Aunt / Uncle	
	Cousin	
	Key worker / Support worker	
	Friend	
	Neighbour	
	Home help	
	Public health nurse	
	Nurse	
	Nurse	
	Health care worker	
	Don't know	
	Other (Please specify)	
Question 75:	This question asks about any equi	pment or devices you might use to
	help you with dressing.	
	Don't use any equipment/devices	Go to Q. 76
	If you do, please tick all the equipment	t/devices that you use to help you with
	dressing	
	Velcro fastenings on clothes	
	Shoe horn	
	Pick-up stick Device for putting on socks	
	Other (please specify)	

Question 76:	This question asks about any equipment or devices you might use to					
	help you with walking across a room.					
	Don't use any equipment/devices		Go to Q. 77			
	If you do, please tick all the equipr	nent/dev	vices that you	u use to help you		
	with walking across a room					
	Walking stick					
	Walking frame					
	Crutches					
	Railing					
	Orthopedic shoes					
	Brace (leg or neck)					
	Limb prosthesis					
	Oxygen / Respirator					
	Furniture or walls					
	Wheelchair					
	Other (please specify)					

Question 77:	This question asks about any equipment or devices you might use to					
	help you with bathing/showering					
	Don't use any equipment/devices	Go to Q. 78				
	If you do, please tick all the equipment bathing/showering	t/devices that you use with				
	Shower seat					
	Grab rails					
	Hand-held shower					
	Walking frame or stick					
	Rubber mat					
	Hoist					
	Other (please specify)					
Question 78:	This question asks about any equi	pment or devices you might use to				
	help you with eating and drinking.					
	Don't use any equipment/devices	Go to Q. 79				
	If you do, please tick all the equipment eating and drinking	t/devices that you use to help you with				
	Beakers					
	Grip mats					
	Modified utensils e.g. spoons, forks					
	Plate guards					
	Other (please specify)					

Question 79:	This question asks about any equipment or devices you might use to						
	help you with getting in and out of bed.						
	Don't use any equipment/devices	Go to Q. 80					
	If you do, please tick all the equipment/devices	s that you use to help you with					
	getting in and out of bed						
	Walking stick						
	Walking frame						
	Bed rail						
	Crutches						
	Orthopaedic Shoes						
	Brace (leg or back)						
	Prosthesis						
	Oxygen Respirator						
	Furniture / walls						
	Wheelchair						
	Bed level						
	Hoist						
	Other (please specify)						

Question 80:	This question asks about any equipment or devices you might use to					
	help you with using the toilet.					
	Don't use any equipment/devices Go to Q. 81					
	If you do, please tick all the equipment/devices that you use to help you with					
	using the toilet					
	Raised toilet seat					
	Portable toilet / commode					
	Grab rails					
	Other (please specify)					
Question 81:	Any Other Information (Activities of Daily Living):					

		tal Activitie			
2:	Please indicate the I	evel of diffi	culty, if any	, you have	with each
	following activities -	_			
	FOR EACH ACTIVIT	Y TICK ONI	E BOX THA	T APPLIES	
	Level of difficulty	No	Some	A lot of	Cannot
		difficulty	difficulty	difficulty	do at all
	Preparing a hot				
	meal				
	Shopping for				
	groceries				
	Making phone calls				
	Managing money				
	Doing household				
	chores				
3:	Does anyone ever h	ele vou wit	h each of th	e following	·
) .	Does allyone ever in	eip you wit	11 C aC11 O1 11	ie ioliowing	ı —
	FOR FACH ACTIVIT	A LICK UNI		T APPI IFS	
	FOR EACH ACTIVIT	Y TICK ON		T APPLIES	
			E BOX THA		
		Y TICK ONI		Not	
	Help		E BOX THA		
	Help Preparing a hot		E BOX THA	Not	
	Help Preparing a hot meal		E BOX THA	Not	
	Help Preparing a hot meal Shopping for		E BOX THA	Not	
	Help Preparing a hot meal Shopping for groceries		E BOX THA	Not	
	Help Preparing a hot meal Shopping for groceries Making phone calls		E BOX THA	Not	
	Help Preparing a hot meal Shopping for groceries Making phone calls Managing money		E BOX THA	Not	
	Help Preparing a hot meal Shopping for groceries Making phone calls		E BOX THA	Not	

Question 84:	This question asks for more information about help you may receive							
	with any of these activities.							
	Not applicable/No help needed	Go	to Q. 88	8				
	If you do receive help, who supports you with this activity/these activities?							
	Please tick all that apply							
	Spouse/Partner/Boyfriend/Girlfriend							
	Parent							
	Sibling							
	Grandparent							
	Aunt / Uncle							
	Cousin							
	Key worker / Support worker							
	Friend							
	Neighbour							
	Home help							
	Public health nurse							
	Nurse							
	Health care worker							
Question 85:	How much help did [you/he/she] red		m this	person (in hours and				
	minutes per week) in a typical week	?						
	Please record to the nearest 15 minute	e interva	I for each	h person who helps				
	you			1				
		Hrs	Mins					
	Spouse/Partner/Boyfriend/Girlfriend							
	Parent							
	Sibling							
	Grandparent							

	Aunt / Uncle					
	Cousin					
	Key worker / Support work	cer				
	Friend					
	Neighbour					
	Home help					
	Public health nurse	Public health nurse				
	Nurse					
	Health care worker					
	Don't know					
	Other (Please specify)					
Question 86:	Do you feel you need mo	re help w	ith any o	of these	e activities, e.g.	
4,000,000	preparing a hot meal; sh	_	_		_	ıll;
	managing money and pa	managing money and paying bills?				
	Diagon tiply and have only					
	Please tick one box only Yes	G	io to Q. 8	37		
	No		io to Q. 8			
	Don't know	G	io to Q. 8	38		
Question 87:	What help do you feel you	u need?				

Question 88:	Any Other Information (Instrumental Activities of Daily Living):	

Functional limitations

Question 89:

You may not be able to do some of the activities listed below but please try to answer each question as best you can. Exclude any difficulties that you expect to last less than three months.

Please indicate the level of difficulty, if any, you have with each of the following activities –

FOR EACH ACTIVITY TICK ONE BOX THAT APPLIES

Level of difficulty	No	Some	A lot of	Cannot
	difficulty	difficulty	difficulty	do at all
Walking 100 yards				
Running or jogging about 1.5				
kilometres (1 mile)				
Sitting for about 2 hours				
Getting up from a chair after				
sitting for long periods				
Climbing several flights of stairs				
without resting				
Climbing one flight of stairs				
without resting				
Stooping, kneeling or crouching				
Reaching or extending your arms				
above shoulder level				
Pulling or pushing large objects				
like a living room chair				
Lifting or carrying weights over				
10 pounds (5 kilos) like a heavy				
bag of groceries				
Picking up a small coin from a				
table				

Question 90:	Any Other Information (Functional limitations)	

N) Section N: How did you find filling out the questionnaire			
Question 91:	How long did it take you to fill out this questionnaire?		
	Please tick one box		
	Less than 30 minutes		
	30 minutes – 1 hour		
	1 – 2 hours		
	2 -3		
Question 92:	In general, did you find it	easy to	understand the questions?
	Please tick one box		
	Yes		
	No		
	Don't know		
Question 93:	Please tell us which ques	tions d	id you find most difficult to
	understand?		
Question 94:	Please tell us if you have any other comments about the		
	questionnaire?		

Question 95:	Has anyone supported yo	ou to fill	out this questionnaire?	
	Please tick one box			
	Yes			
	No			
	Don't know			
			•	
Question 96:	Name of the person supp	orting y	ou e	
	First Name		Curnomo	
	riist name		_ Surname	
Question 97:	Is this the same person w	ho gav	e you support in the previous	
	interview?			
	Yes			
	No			
	Don't know			
Question 98:	What is their relationship	to you?	?	
	Boyfriend/Girlfriend/Partne	er		
	Parent			
	Sibling			
	Key worker/Support worker	er		
	Friend			
	Other (Please tell us)			

Question 99:	How long do you know the person supporting you?		
	Less than 6 months		
	Between 6 months & a year		
	More than a year		
	Don't know		

THANK YOU VERY MUCH FOR TAKING THE TIME TO FILL IN THIS QUESTIONNAIRE.

PLEASE BRING IT WITH YOU TO YOUR INTERVIEW AND GIVE IT TO THE INTERVIEWER.