

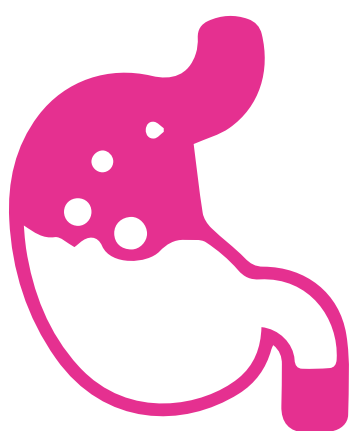


# CONSTIPATION

in Older People with Intellectual Disabilities.

## Consequences of constipation.

Constipation is the leading gastrointestinal problem experienced by people with intellectual disabilities.



**Abdominal discomfort**

**Stomach distention**

**Headaches**

**Nausea**

**Hemorrhoids**

**Prolapse**

**Faecal impaction**

**Bowel obstruction**

**Disorientation**

**Agitation**

**Depression**

**Anxiety**

**Decreased social activity**

**Decreased quality of life**



**People with ID have an additional risk of developing constipation due to the complexities of their disability.**

Communication

Multimorbidity and

complex health status

Challenging behaviours

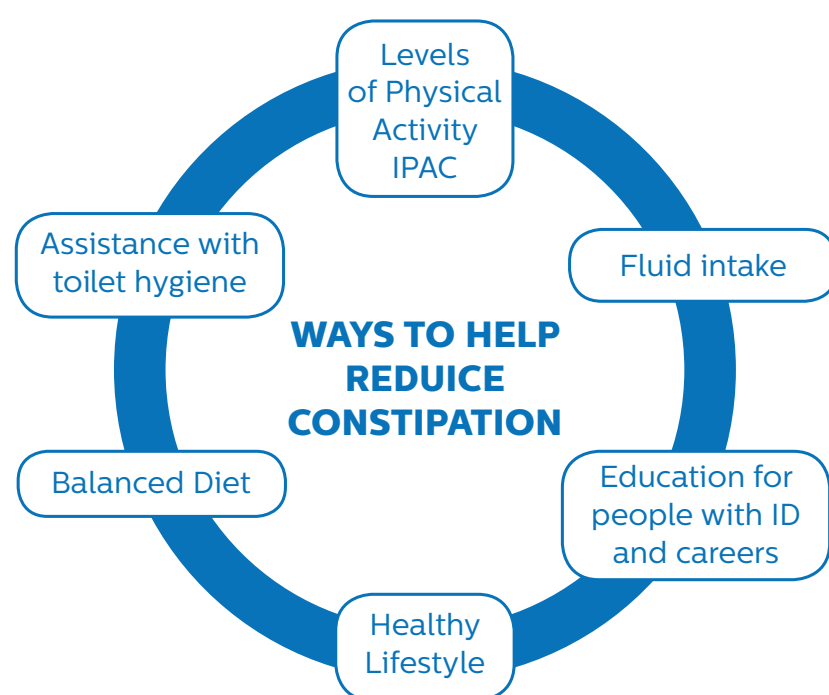
Neurological health

conditions

Medication use

Immobility

### Holistic Multidimensional Approach to Amelioration



Trinity College Dublin

The University of Dublin

**IDS TILDA**

The Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing

