

## LIFE CHOICES

for Older People with Intellectual Disabilities.

## Choice is a human right.

Most people make choices everyday.

Other times people have big life decisions to make.

Some people with ID do not make choices about how to live their life. Other people make these decisions.

More people living independently or with family get to make choices.

People who live in large institutions have less opportunity to make choices.

People with ID were more likely to make choices about everyday things like what TV shows to watch and what time to go to bed.

Fewer people with ID made decisions about where to live, who to live with and where to keep their money.

## Percentage of people who report self-choice:

TV shows **69.9%** 

Time to go to bed 75%

What clothes to wear 48.4%

Where to go in free time 33.7%

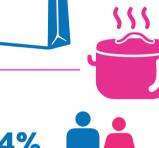
Who to spend free time with 44.5%

How to decorate — your bedroom **33.4%** 

How you spend your money **20.2%** 

What food is cooked in your home **18.1%** 

What food you eat **38.4%**Who you live with **13%** 



KEY LIFE DECISIONS

**EVERYDAY DECISIONS** 

Where you live 16%

Where you keep your money **13.4%** 

What job you have 34.4%

What support you receive **13%** 





